

blue lotus



3rd birthday bash!

FRIDAY, February 5

9:30-11:00am Vinyasa~ open level
12:00-1:00pm Lunch Hour yoga
7:00-10:00pm Veggie Potluck and Movie Night

SATURDAY, February 6

8:00-9:00am Yin Yoga
9:15-10:15am Vinyasa ~ open level
12:30-1:30pm Community Yoga ~ all levels
2:00-3:00pm Partner Yoga
3:30-4:30pm Yoga for KIDS!

SUNDAY, February 7

9:00-10:00am Back Care Yoga
10:30-11:30am Flow & Stretch
2:30-3:30pm Vinyasa ~ Level 1
4:00-5:30pm Vinyasa ~ Level 2

All classes, all weekend long are being offered on a donation basis to support Mercy Corps' response to the devastating earthquake that struck the Caribbean island of Haiti on January, 12.

Every donation you make enters your name into a drawing for gifts from local businesses.

Our goal is to raise \$2500

Please join us!!