

outdoor yoga at blue lotus

NEED TO KNOW!

- You must purchase an Outdoor Yoga drop-in to sign up.
- Outdoor Yoga drop-in classes are non-refundable and expire 3 months after purchase.
- Registration closes one-hour before class begins.
- Early cancellations must be made at least two hours before class to return the class back to your studio account. Please cancel as soon as possible so other students may sign up.
- In case of cancellation due to inclement weather, the drop-in will be returned to the studio account for future use.
- If a class is full, reach out to the teacher to get on a wait list!
- Additional information will come by email one hour before class from your instructor, so check your inbox.
- Social distancing will be practiced and masks will be worn entering and exiting class. Once you are on your mat, masks are optional.

April & May Schedule

Wednesday, April 28 | 6:30-7:45pm
Open Level with Kristina

Tuesday, May 4 | 6:30-7:45pm
Open Level with Kristina

Tuesdays, May 4 - 25 | 6-7pm
Flow to Yin with Angela Griffin

Fridays, May 7 - 28 | 9:30-10:30am
Open Level with Carrington

Saturday, May 8 | 9-10:00am
Open Level with Glenda

Tuesday, May 11 | 5-6pm
Open Level with Jordyn

Saturday, May 15 | 9-10am
Open Level with Kathleen

Saturday, May 22 | 9-10am
Open Level with Jill

Sunday, May 23 | 3-4pm
Gentle Flow & Meditation with Jen

Sunday, May 23 | 4:30-5:50
Paint to Meditate with Jen

June Schedule

Tuesdays, June 1-29 | 6-7pm
Flow to Yin with Angela Griffin

Fridays, June 4-25 | 9:30-10:30am
Open Level with Carrington

Saturday, June 5 | 9-10am
Open Level with Glenda

Tuesday, June 8 | 5-6pm
Open Level with Jordyn

Saturday, June 12 | 9-10am
Open Level with Glenda

Sunday, June 13 | 3-4pm
Gentle Flow & Meditation with Jen

Sunday, June 13 | 4:30-5:50
Paint to Meditate with Jen

Saturday, June 19 | 9-10am
Open Level with Kathleen

*More dates and times coming soon, watch our MindBody
schedule for updates*